



Nirwan University Jaipur

Established by the Rajasthan State Legislature vide Act No.2 of 2017 and recognized u/s 2(f) of the UGC Act 1956

ACTIVITY Report

Academic Year 2023-24

- 1. Name of School:** School of Basic and Applied Sciences
- 2. Activity Title:** “Workshop on Good Touch and Bad Touch” (Extension Activity)
- 3. Date & Duration of Activity (Days):** 31-07-2024, (01 Day)
- 4. Venue of the Activity:** Anganwadi Kendra, Village Jhar
- 5. Name & Contact Details of the Organizer (s):** Prof. (Dr.) Aparna, Dr. Peeyush, Dr. Usha.

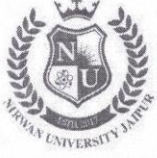

NIRWAN UNIVERSITY JAIPUR

School of Basic and Applied Sciences

Organizes
"Workshop on Good Touch – Bad Touch"
(Extension and Outreach Activity)
at
AanganBadi, Village Jhar
on
Wednesday, 31 July 2024.

| | |
|--|---|
| <p>PATRONS</p> <p>Dr. S.L.Sihag Chairperson</p> <p>Dr. R.K.Arora Vice Chairperson & CEO</p> | <p>Coordinators</p> <p>Prof.(Dr)Aparna Dixit</p> <p>Dr. Peeyush Kumar</p> <p>Dr. Usha Sharma</p> |
|--|---|

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Nirwan University Jaipur

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Ref./NUJ/Reg./2024/3133

Date: 30-07-2024

NOTICE

School of Basic & Applied Sciences has scheduled a *workshop on "Good Touch – Bad Touch"* as an **Extension and Outreach activity in the Anganwadi of Village Jhar**. The aim of the workshop is to promote awareness among school going Children

The schedule of the activity is mentioned below:

Date: 31-07-2024

Venue: Near Jhar Anganwadi

Coordinators:

Prof. (Dr)Aparna Dixit, Dr. Peeyush Kumar, Dr. Usha Sharma

It has approval of the competent authority.

Copy to:

1. All concerned
2. Notice Board
3. Guard File



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Nirwan University, Near Bassi-Rajadhok Toll,
Agra Road, Jaipur-303305



6. Brief Report:

The extension activity titled "*Workshop on Good Touch -Bad Touch*" was organized by School of Basic and Applied Sciences at Nirwan University Jaipur at Anganwadi Kendra in Village Jhar. The primary objective of this initiative was to educate children about personal safety, empowering them to recognize the difference between appropriate and inappropriate touch and encouraging them to speak up against any uncomfortable situations. The session was attended by 16 enthusiastic children between the ages of 4 to 10 years. The participants were eager to engage in discussions and activities related to personal safety.

The session began with an interactive discussion led by Prof. Dr. Aparna and the team. The children were introduced to the concept of good touch and bad touch through relatable examples. The volunteer student was selected to explain how good touches make us feel comfortable and safe, such as a hug from family members, while bad touches make us feel uncomfortable and should be reported to their parents, teachers, or guardians.

To reinforce the learning, a series of activities were conducted:

- i. **Example Session:** Examples given by the team helped the children understand different scenarios involving good and bad touch.
- ii. **Role-Playing Activities:** Children were encouraged to participate in role-playing exercises that simulated various situations. This hands-on approach enabled them to practice identifying uncomfortable situations and responding appropriately.
- iii. **Visual Examples:** Some videos were played to emphasize the importance of saying "No" to unwanted touches and reporting them. These videos were not only informative but also kept the children engaged and attentive.
- iv. **Question-Answer Session:** An open forum was provided for the children to ask questions and express their thoughts.

The children displayed a clear understanding of the concepts discussed and demonstrated increased confidence in expressing their concerns about personal safety. At last, the food items were distributed to appreciate the learning of the children.

Nirwan University Jaipur is committed to continuing such initiatives that promote awareness and empowerment among young individuals, ensuring a safer and more informed community.

7. Budget: Rs. 1500/-

8. Participants Details with list:

| Total Participants | Number of Male | Number of Female |
|--------------------|----------------|------------------|
| 16 | 08 | 08 |

Nirwan University Jaipur

School of Basic & Applied Sciences
Workshop on "Good Touch – Bad Touch"
(Extension and Outreach activity)
Village Jhar Bassi Jaipur, Rajasthan 303305

Date: - 31-07-2024

| S.no. | Student Name | Father Name | Male/ Female |
|-------|--------------|----------------|--------------|
| 1 | पिंटू | रामअवतार शर्मा | F |
| 2 | मानव | राहुल राव | M |
| 3 | विर | हीपरु राव | M |
| 4 | माद्यव | सागर शर्मा | M |
| 5 | अंडुल | आशिष शर्मा | M |
| 6 | भ्रुत | सागर शर्मा | M |
| 7 | ध्रुव | परुजु शर्मा | M |
| 8 | मानवी | आशिष शर्मा | F |
| 9 | तनु | रमेश शर्मा | F |
| 10 | मिस्की | योगेश राव | F |
| 11 | कीर्ति | शिव कुमार | F |
| 12 | भावना | शिव कुमार | F |
| 13 | ज्योति | | F |
| 14 | सौमिमा | | M F |
| 15 | मालिक | | M |
| 16 | सुधांशु | शिव शिव कुमार | M |
| 17 | | | |
| 18 | | | |
| 19 | | | |
| 20 | | | |

Coordinator Name

Signature

Dr. Aparna Dixit
Dr. Usha Sharma



9. Target Audience: Kids of age group 4-10 years

10. Learning Outcome: The extension activity educated children on distinguishing between good and bad touch, empowering them to recognize personal boundaries, express discomfort, and report inappropriate interactions to their parents, teachers, or guardians, thereby enhancing their personal safety and confidence.

11. Suggestion for improvement: Suggestions for improvement include incorporating more visual aids, involving parents.

12. Geotagged Photographs of the Activity:





Jaipur, Rajasthan, India
V45R+86G, Jaipur, Rajasthan 303305, India
Lat 26.858098°
Long 76.140582°
31/07/24 11:55 AM GMT +05:30

GPS Map Camera



Google



Report submitted by: Dr. Peeyush Kumar Kamlesh

Report Submitted to IQAC