



# Nirwan University Jaipur

Established by the Rajasthan State Legislature vide Act No.2 of 2017 and recognized u/s 2(f) of the UGC Act 1956

## ACTIVITY REPORT Academic Year 2023-24

1. **Name of the Organising Department:** Yoga & Wellness Center (OJAS)

2. **Activity Title:** Plantation Activity

3. **Date & Duration of Activity:** June 5<sup>th</sup>, 2024 (6:00PM to 7:PM)

4. **Venue of Activity:** Near Yoga Garden, Nirwan University Jaipur

5. **Name & Contact Details of the Organizer:** Dr. Krishna Agarwal,

Asst. Prof., Dean School o

6. **Participants Details with list:**

Total Participants	Number of Male	Number of Female
85	60	25

7. **Target Audience:** Residents of Nirwan University Jaipur.

8. **Objectives of The Activity:**

- i. To celebrate World Environment Day by engaging in a meaningful environmental activity.
- ii. To enhance the green cover of the university campus.
- iii. To educate participants about the importance of trees and environmental conservation.
- iv. To foster a sense of community and collective responsibility towards the environment.

9. **Any suggestion for improvement based on the feedback or otherwise:** More frequent environmental activities should be.

**Brief Report of The Event**  
**Plantation Activity**  
**(June 5<sup>th</sup>, 2024)**

**NIRWAN UNIVERSITY JAIPUR**  
**Yoga & Wellness Center (OJAS)**  
Organizes  
**Plantation Activity**  
On  
**World Environment Day**

Day & Date: Wednesday, 5<sup>th</sup> June, 2024  
Time: 6:00PM to 7:00 PM  
Venue: Near Yoga Garden, Nirwan University Jaipur

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**Nirwan University Jaipur**

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Ref: NUJ/Admin/2024/2967

Date: 27.05.2024

**Notice**

All the staff members of Nirwan University Jaipur are hereby inform that the Yoga & Wellness Center (OJAS) of the University has scheduled a "Plantation Activity" on **World Environment Day (June 05<sup>th</sup>, 2024)** near the Yoga Garden at Campus between 6:00 PM to 7:00 PM. Dr. Krishna Agarwal will coordinate this event.

The schedule of the activity is mentioned below:

**Date:** June 05<sup>th</sup>, 2024

**Time:** 6:00 PM-7:00 PM

**Venue:** Near Yoga Garden

OSD to Chairperson

Copy to:

1. All concerned.
2. Guard File

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World Environment Day is celebrated globally on June 5th every year to encourage awareness and action for the protection of our environment. This year **Yoga & Wellness Center (OJAS)** of Nirwan University Jaipur organized a plantation activity to commemorate the day and contribute to a greener, healthier planet. This event aimed to promote environmental awareness and contribute to the global efforts of reforestation and environmental sustainability. The event was coordinated by Dr. Krishna Agarwal, Dean & Asst. Prof., School of Yoga.

The event commenced with an opening speech by the esteemed OSD Prof. (Dr.) Sanjay Khanna of Nirwan University with a speech highlighting the importance of environmental conservation and the role of individuals in combating climate change.

A short talk was delivered by the Esteemed COE Prof. (Dr.) Prashant Beniwal of Nirwan University



highlights the connection between yoga, wellness, and a healthy environment.

Participants were provided with saplings of various native tree species, including Rudraksha, Lemon, Jamun, Guava, Mango, etc. Designated areas within the campus were identified for plantation. These areas were chosen based on their suitability.

This initiative aimed to raise awareness about the importance of environmental conservation and to encourage sustainable practices within the university community. It not only contributed to environmental sustainability but also educated and engaged the university community in meaningful eco-friendly practices. The commitment shown by the participants ensures that the initiative will have a lasting positive impact on the university's ecosystem.







# ATTENDANCE SHEET

**YOGA & WELLNESS CENTER(OJAS)**  
Attendance Sheet (Student)

Date: 05/01/2024  
Name of The Event/Activity: Plantation Activity

S.NO.	NAME OF THE PARTICIPANT	SIGN
1	Rohit	[Signature]
2	Kamran Singh	[Signature]
3	Anand Singh	[Signature]
4	Siddharth Singh	[Signature]
5	Siddharth Singh	[Signature]
6	Abhinav Singh	[Signature]
7	Abhinav Singh	[Signature]
8	Abhinav Singh	[Signature]
9	Abhinav Singh	[Signature]
10	Abhinav Singh	[Signature]
11	Abhinav Singh	[Signature]
12	Abhinav Singh	[Signature]
13	Abhinav Singh	[Signature]
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16	Abhinav Singh	[Signature]
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19	Abhinav Singh	[Signature]
20	Abhinav Singh	[Signature]
21	Abhinav Singh	[Signature]
22	Abhinav Singh	[Signature]
23	Abhinav Singh	[Signature]
24	Abhinav Singh	[Signature]

Coordinator Signature: [Signature]

**YOGA & WELLNESS CENTER(OJAS)**  
Attendance Sheet (Faculty)

Date: 05/01/2024  
Name of The Event/Activity: Plantation activity

S.NO.	NAME OF THE PARTICIPANT	SIGN
1	Siddharth Singh	[Signature]
2	Siddharth Singh	[Signature]
3	Siddharth Singh	[Signature]
4	Siddharth Singh	[Signature]
5	Siddharth Singh	[Signature]
6	Siddharth Singh	[Signature]
7	Siddharth Singh	[Signature]
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17	Siddharth Singh	[Signature]
18	Siddharth Singh	[Signature]
19	Siddharth Singh	[Signature]
20	Siddharth Singh	[Signature]

Coordinator Signature: [Signature]

**YOGA & WELLNESS CENTER(OJAS)**  
Attendance Sheet (Faculty)

Date: 05/01/2024  
Name of The Event/Activity: Plantation Activity

S.NO.	NAME OF THE PARTICIPANT	SIGN
1	Shelly Sharma	[Signature]
2	Rachna Sharma	[Signature]
3	P.N. Suman Mehta	[Signature]
4	Suman Sharma	[Signature]
5	Suman Sharma	[Signature]
6	Suman Sharma	[Signature]
7	Suman Sharma	[Signature]
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20	Suman Sharma	[Signature]

Coordinator Signature: [Signature]



