



# Nirwan University Jaipur

Established by the Rajasthan State Legislature vide Act No. 2 of 2017 and recognised u/s 2(f) of the UGC Act 1956

Ref./NUJ/Reg./2024/3122

Date: July 27, 2024

## NOTICE

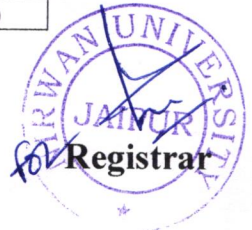
### Yoga & Wellness Center (OJAS) (Reconstiution)

Nirwan University Jaipur has reconstituted the **Yoga and Wellness Center (OJAS)** to promote holistic well-being and foster a supportive community. The primary purpose of the Yoga and Wellness Center is to promote and facilitate the practice of yoga and other wellness activities among the university community through regular sessions, workshops, and events. The center endeavors to create a supportive environment for individuals to enhance their physical fitness, reduce stress, and cultivate a sense of inner peace.

The Yoga and Wellness Center will offer a range of activities such as:

- Yoga Classes
- Meditation Sessions
- Wellness Workshops
- Community Outreach Activities


S.No.	Name	Designation
1.	Dr. Krishna Agarwal	Convener
2.	Dr. Peeyush Kumar Kamlesh	Member
3.	Dr. Shalini Sharma	Member
4.	Dr. Reena Aanand	Member
5.	Dr. Manoj Meena	Member
6.	Mr. Pawan Soni	Member
7.	Mr. Govind Kharol	Member
8.	Banti Saini	Member (Student)
9.	Nidhi Verma	Member (Student)
10.	Ayush Sharma	Member (Student)
11.	Aarti Saini	Member (Student)
12.	Meenakshi Meena	Member (Student)
13.	Rajesh Meena	Member (Student)






### Copy to:


1. All concerned
2. Notice Board
3. Guard File




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